



## Club Committee

There is much work that goes on away from the pool to enable sessions, galas and events to run smoothly. Our current committee was put into place to manage the transition to Camp Hill Swimming Club and to ensure everything is done to keep our members safe, motivated and training well. The present committee is listed below, all of whom can be contacted through [office@chesc.org.uk](mailto:office@chesc.org.uk). They are in place until the first AGM which will be at the end of the Summer term 2015.

**Heather Haw-Tierney: Chairperson**  
**Pete Haw-Tierney: Vice Chairperson**  
**Michelle Williams: Secretary**  
**Vicki Okoosi: Welfare Officer**  
**Mike Evans: Treasurer**  
**Jane Stalker: Fixtures Secretary**

## Fees for 2015

All members should have received a letter by email explaining the updates to payments for next year. If you haven't received this please contact Michelle Williams (Secretary) at [office@chesc.org.uk](mailto:office@chesc.org.uk) so we can update your email address. A copy is enclosed in this newsletter (**page 7**). Please make sure you have read this and email or ask a committee member if you have any questions, to avoid any surprises next month!

## Arena League News

### Round 1 – Tamworth 11th October 2014

- 1) Droitwich – 216
- 2) Stourbridge B – 215
- 3) **Camp Hill SC – 174**
- 4) Haden Hill – 171
- 5) Ludlow – 134
- 6) Tamworth – 131

A fantastic result for round one, 3rd place! There was some fantastic swimming across the board, and was great to see our boys relays holding their own and showing the strength that their training is beginning to build. Some great swims by George McMahon Boys 15U Freestyle, smashing his previous PB, Emily Colleran Girls 15U and 13U

Backstroke, using her turns and underwater to pull away from the competitors with ease, Matilda Neal showing everyone how enjoyable butterfly can really be, gliding into 1st place Girls 15U Butterfly. And finally, Emily McNab deciding to turn using her head rather than her hands, but showing true Camp Hill spirit in competing in the Girls 13U Butterfly a few races later!

Well done to all, **Heather** 😊

### Round 2 – Wombourne 8th November 2014

- 1) Orion – 230
- 2) Pershore SC – 228
- 3) Droitwich – 180
- 4) **Camp Hill SC – 175**
- 5) Burntwood – 141
- 6) Warley Wasps – 89

This was a very close gala between Droitwich and ourselves with us being 1 point ahead as we moved into the final relays. Unfortunately we couldn't quite pull away and they overtook us right at the end and beat us by a tiny 5 points, leaving us in a very respectable 4th place.

Again a fantastic display of our swimming, some of the highlights were; Kai Alexander toying with the opposition in the Boys 15U Freestyle 1st place (1.02.16), Daisy Cutts slicing through the water with ease in the Girls 15U Breaststroke 1st place (1.26.05), Michael Bourne showing us all that water polo training is as effective for sprint races, in the testosterone fuelled Open Freestyle, 2nd place (58.98) and the unbeaten Girls 15U relay 1st place in both the medley and freestyle, showing us their superb take-overs and finishes.

We are hosting the next round... good luck to all!!,  
**Heather** 😊



**Round 3 – Droitwich 13th December 2014**

- 1) **Camp Hill SC – 179**
- 2) **Blythe Barracudas – 162**
- 3) **Ludlow – 142**
- 4) **Perry Beeches – 138**
- 5) **Telford – 116**

After two exciting rounds and gaining 5 bonus points we entered the gala in a strong 7th place and looking to win the gala ... and our swimmers didn't disappoint!

After settling into an early lead, battling to stay ahead of Blythe we saw some excellent swims from all age groups in both relays and individuals. Maximum points from 15/u girls twice, Mens Open, 15/u boys and 13/u boys showed we could dominate as a team, with a massive 2 length lead in the 15/u boys medley! A great set of individual swims gave all watching reason to celebrate, with 1st place finishes for Luke Watson-Brown (50 bk 45.39), Jamie Evans (100 brs 1:34.66), Michael McNab (100 fly 1:18.67) and Matilda Neal twice(!) (100 fly 1:14.97 and 110 free 1:07.33).

Special thanks to the massive support from all our wonderful helpers, who came out in force as we were hosting the gala, your versatility and enthusiasm made running the gala a breeze!

**Happy Christmas from your committee and coaches!**

## Swimming Poem

Emily McNab has written these poems at school recently, and I think you will agree they are worth sharing. Well Done Emily !

*Money can buy you a new fastskin,  
Money can buy you a new pair of fins.  
Money can buy you a new costume,  
Money can buy you a Speedo cap.  
Money can buy you a new pair of goggles,  
Money can buy you a new pull buoy.  
Money can't buy you the friendship that you make,  
Money can't buy you the love for the sport.  
Money can't buy you the awards you achieve,  
Money can't buy you the times you need.  
In the middle we swim because we love it.*

## Recipe Poem

*Mix some butterfly and a bit of backstroke,  
Stir together and add some breaststroke.  
When all that is settled add a dash of freestyle and  
let it simmer until they all come together*

*In training add some kick,  
A bit of pull too.  
Combine with some drills  
Drizzle starts and turns too.*

*Blend some distance and sprint  
Beat in some relays then let it boil  
Sprinkle some friends and leave the memories to  
combine.  
Add the coaches and competitions and you create ...*



# Membership Fees 2015

## Membership Fees :

We are keen to keep membership fees low this year. There will be a slight increase to Camp Hill's annual fees but all members will now receive a **free** "Camp Hill SC" swimming hat with their yearly membership. The ASA annual membership is governed by the ASA so is subject to change each year.

Therefore your total Annual Membership fee is :

### **Camp Hill + ASA = Total Annual Membership Fee**

Membership	Camp Hill Annual Membership Fee
1 <sup>st</sup> Family Member	£30
2 <sup>nd</sup> Family Member	£25
3 <sup>rd</sup> + Family Member/s	£20

ASA Annual Membership	Fee
Cat 2 (Swimmers aged 9+)	£32.00
Cat 1 (swimmers 8 and under)	£15.00
Cat 3 (Non-swimmers)	£11.50

## Training Fees :

In line with all other clubs/good practice and to simplify things for yourselves and the running of the club, we are moving towards a **cashless** system.

Training fees (based on an average 40 week training year) are as follows;

Family Member	Yearly Payment	4 x 1/4ly Payments	12 x Monthly Payments	Equiv' Fee*
1 <sup>st</sup>	£300	£75	£26**	£2.50
2 <sup>nd</sup>	£240	£60	£21**	£2.00
3 <sup>rd</sup> +	£180	£45	£16**	£1.50
Max Per Household	£840	£210	£70	£7.00

**\*Based on an average of 40 training weeks a year, 3 sessions/week**

**\*\*Extra £1 to cover monthly admin costs**

**We recognize that not all swimmers are able to utilise the annual training costs, therefore a second payment option will be available in the form of a pre-payment card. 10 sessions for £40.00**

**The card is bought and you are able to use each session whenever you like with no expiry date.**

**Any questions or queries please do not hesitate to email [office@chesc.org.uk](mailto:office@chesc.org.uk).**

**Note: Renewal payments received after the 31st January each year will be subject to a £5 additional administration charge per member (the Club Membership submission to the ASA will have been completed and additional costs will be incurred)**



# NOTICEBOARD

Website : [www.chesc.org.uk](http://www.chesc.org.uk)  
Website Enquiries : [mail@chesc.org.uk](mailto:mail@chesc.org.uk)  
Emails for all Club Business : [office@chesc.org.uk](mailto:office@chesc.org.uk)  
(monitored by Anne, Kate, Michelle, Heather, Pete & Jane)

## NEW TRAINING SESSION TIMES :

### Monday

(1) 5.00pm - 6.30pm (Seniors & Masters) **Jane**

(2) 6.30pm - 8.00pm (Juniors) **Jane & Ian**

### Tuesday

(1) 5.00pm - 6.30pm (Juniors) **Jane**

(2) 6.30pm - 8.00pm (Seniors & Masters) **Ian**

### Wednesday

(1) 6.00pm - 7.30pm (Juniors & Seniors) **Pete & Heather**

### Thursday

(2) 7.30pm - 9.00pm (Masters ONLY) **Heather & Ian**

### Friday

(1) 5.30pm - 6.30pm (Juniors) **Jane & Ian & Amber**

(2) 6.30pm - 7.30pm (Seniors) **Jane & Ian & Amber**

(3) 7.30pm - 9.00pm (Masters ONLY)

### Saturday Sessions

(1) 5.00pm - 6.30pm (Seniors & Masters) **Heather & Pete**

### Sunday Sessions

(2) 6.30pm - 8.00pm (Juniors & Trials)

**Heather, Pete, Kevin, Alice, Charlotte**

### Once a Month - Separate Dates issued

(1) 9.00am - 11.00am (All Welcome) **Jane & Kevin**

(2) 10.00am - 11.00am (Invite ONLY) **Ian**

**For swimmers close to Midland/National times**

# COMMITTEE

## Camp Hill Swimming Club Committee

Chairperson : **Heather Haw-Tierney**  
Vice Chairperson : **Pete Haw-Tierney**  
Secretary : **Michelle Williams**  
Welfare Officer : **Vicki Okoosi**  
Treasurer : **Mike Evans**  
Fixtures Secretary : **Jane Stalker**

## "NEW MEMBERS ARE ALWAYS WELCOME"

Enthusiastic swimmers can come along and visit any weekday, bring costumes and join in!

For more information and a swimming trial, please contact:

**Michelle Williams** – [suki0903@gmail.com](mailto:suki0903@gmail.com)  
(Club Secretary & Memberships Liaison Officer)

## Important Notice for all parents:

*If your children are taking ANY medicines on a long-term regular basis, please get a "Medication Form" to register the details. This includes vitamins, herbal remedies, hay fever tablets etc.*

# DIARY DATES

**03/Jan/2015** - Junior Gala - Pingles, Nuneaton

**11/Jan/2015** - Open meet - Stourbridge crystal meet, Wolverhampton Baths

**15/Feb/2015** - Open meet - Peri Sprints, Rugby

**07/Mar/2015** - Warwick County Championships, Coventry Baths

**14/Mar/2015** - Warwick County Championships, Coventry Baths

**21/Mar/2015** - Warwick County Championships, Coventry Baths